



**NAD +**

**Indications:**

Cellular repair, cellular energy, brain function, metabolic regulation

**Ingredients:**

NAD<sup>+</sup> (Nicotinamide Adenine Dinucleotide) is supplied as a pure, lyophilised (freeze-dried) powder for laboratory reconstitution.

**Key Benefits:**

- Increase energy
- Increase mental clarity
- Improves sleep
- Enhance athletic performance
- Support neuron function
- Anti-aging effects
- Reduces inflammation

**Side effects:**

NAD<sup>+</sup> is generally well tolerated; however, mild side effects may include nausea, headache, flushing, fatigue, dizziness, abdominal discomfort, or temporary injection-site irritation.

**Dosage details:**

You inject 3ml water into the vial of NAD+. 1 full syringe is 1ml. You then wait for the vial powder content to dissolve ON ITS OWN. DO NOT SHAKE THE VIAL TO MIX POWDER. Once dissolved and clear in colour start with 10 units for a week in the morning. Increase to 25 units 3 times a week. On the third week increase to 50 units 3 times a week. DO NOT INJECT MORE THAN 50 UNITS WITHIN 24 HOURS OF EACH OTHER.

**How long does the vial last?**

A vial should last you 3-4 weeks